Lunch / Humann Elementary

OCTOBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Muchos Nachos Country Beef Sandwich Chef Salad Black Bean Salsa Burger Meatless Chef Salad Refried Beans Shredded Lettuce & Tomato Watermelon Cubes Diced Peaches Roll	**2** Tangerine Chicken on Brown Rice Chef Salad Stuffed Crust Cheese Pizza Meatless Chef Salad Green Beans Romaine Lettuce Salad Nectarine Peach Applesauce Roll	**3** Creamed Turkey on Whipped Potatoes Salisbury Steak Chef Salad Chik'n Veggie Wrap Meatless Chef Salad Whipped Potatoes with Gravy Romaine Lettuce Salad Cantaloupe Cubes Diced Pears Roll Fat Free Strawberry Milk	**4** Corn Puppies Grilled Cheese Sandwich Chef Salad Bean Burrito Meatless Chef Salad Savory Carrots Romaine Lettuce Salad Mixed Fruit Assorted Fruit Roll Chocolate Chip Cookie
7 Chicken Fingers Turkey Sausage & Cheese Pizza Bites w/Marinara Sauce Chef Salad Veggie Burger Meatless Chef Salad Crinkle Fries Romaine Lettuce Salad Apple Wedges Pineapple Tidbits Biscuit	**8** Soft Shell Taco Chef Salad Cheese Ravioli Meatless Chef Salad Refried Beans Shredded Lettuce & Tomato Honeydew & Watermelon Cubes Diced Peaches Roll	**9** Lemon Chicken on Brown Rice Stuffed Crust Pepperoni Pizza Chef Salad Black Bean & Rice Bowl Meatless Chef Salad Sweet Peas Romaine Lettuce Salad Plum and Grapes Applesauce Roll	**10** Spaghetti and Meat Sauce Hot Dog on Bun Chef Salad Spaghetti with Marinara Sauce and Cheese Sticks Meatless Chef Salad Baby Carrots Romaine Lettuce Salad Cantaloupe Cubes Diced Pears Garlic Bread	**11** Breaded Chicken Sandwich Personal 3 Meat Pizza Chef Salad Chik'n Sandwich Meatless Chef Salad Green Beans Romaine Lettuce Salad Mixed Fruit Assorted Fruit Roll Chocolate Cake with White Frosting
14 Chicken Nuggets Breaded Pork Sandwich Chef Salad Chik'n Nuggets Meatless Chef Salad Baked Beans Romaine Lettuce Salad Apple Wedges Pineapple Tidbits Roll	**15** Taco Chalupa Cherry Chicken on Brown Rice Chef Salad Bean & Cheese Chalupa Meatless Chef Salad Golden Corn Shredded Lettuce & Tomato Cantaloupe Cubes Diced Peaches Roll	**16** Mac & Cheese Mexi Pizza Chef Salad Black Bean Salsa Stuffed Wrap Meatless Chef Salad Baby Carrots Romaine Lettuce Salad Applesauce Assorted Fruit Roll Brownie Treat	**17** No School	**18** No School
21 No Elementary School	**22** Muchos Nachos Country Beef Sandwich Chef Salad Black Bean Salsa Burger Meatless Chef Salad Refried Beans Shredded Lettuce & Tomato Sweet Blueberries with Whipped Topping Diced Peaches Roll	**23** Tangerine Chicken on Brown Rice Chef Salad Stuffed Crust Cheese Pizza Meatless Chef Salad Green Beans Romaine Lettuce Salad Fresh Pear Applesauce Roll	**24** Creamed Turkey on Whipped Potatoes Salisbury Steak Chef Salad Chik'n Veggie Wrap Meatless Chef Salad Whipped Potatoes with Gravy Romaine Lettuce Salad Apple Diced Pears Roll Fat Free Strawberry Milk	**25** Corn Puppies Grilled Cheese Sandwich Chef Salad Bean Burrito Meatless Chef Salad Savory Carrots Romaine Lettuce Salad Mixed Fruit Assorted Fruit Roll Chocolate Chip Cookie
28 Chicken Fingers Turkey Sausage & Cheese Pizza Bites w/Marinara Sauce Personal Hamburger Pizza Chef Salad Veggie Burger Meatless Chef Salad Crinkle Fries Romaine Lettuce Salad Apple Wedges Pineapple Tidbits Biscuit	**29** Soft Shell Taco Chef Salad Cheese Ravioli Meatless Chef Salad Refried Beans Shredded Lettuce & Tomato Orange Wedges Diced Peaches Roll	**30** Lemon Chicken on Brown Rice Stuffed Crust Pepperoni Pizza Chef Salad Black Bean & Rice Bowl Meatless Chef Salad Sweet Peas Romaine Lettuce Salad Banana Applesauce Roll	**31** Spaghetti and Meat Sauce Hot Dog on Bun Chef Salad Spaghetti with Marinara Sauce and Cheese Sticks Meatless Chef Salad Baby Carrots Romaine Lettuce Salad Sweet Blueberries with Whipped Topping Diced Pears Garlic Bread Sugar Cookie	

K-12 Dairy Choices 1% White Milk - Fat Free Chocolate Milk - Fat Free Strawberry Milk - Fat Free White Milk
Condiments BBQ Sauce - French Dressing - Grape Jelly - Gravy, Beef - Gravy, Poultry - Honey Mustard Dressing - Honey Packet - Hot Pepper Sauce - Italian Dressing - Ketchup Packet - Margarine Pat - Mustard Packet - Parmesan Cheese - Pickles - Ranch - Ranch Cup - Raspberry Vinaigrette Dressing - Salad Dressing Packet - Salsa - Saltine Crackers - Sour Cream - Soy Sauce - Sriracha Ketchup - Syrup Cup - Tartar Sauce Packet - Whipped Topping
Price Information Paid Lunch($2.45), Reduced Lunch($0.40), Adult/Non-Student($3.75), Second Lunch($3.75), Breakfast($1.30), Adult/Second Breakfast($2.25)
View more: http://schools.mealviewer.com/school/HumannElementary

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